



Music 4 Life Radio Show

www.AllTalkRadio.net/music4life.htm

**Show Host:
Judith Pinkerton, MT-BC**

Founder - Center for Creative Therapeutic Arts and Music 4 Life, Las Vegas, Nevada, U.S.A.

www.ccta.us www.music4life.us

Sponsored by:



www.remo.com

"The world's drumhead specialist for over 50 years"

Listen to these archived Music 4 Life shows to discover what music wellness formula may create balance for you! You are guided on a journey toward positive change with music recommended music from a variety of genres. Guests have experiences to share with healing music and music therapy.

You can participate!

Join the Music 4 Life yahoo group at http://health.groups.yahoo.com/group/M4L_Music4Life/ to share your story about music's healing experience.

Call-in to 702-609-7626 on Fridays between 12:10pm and 12:50pm (Pacific Time) for the RANT on every third Friday of the month.



AUGUST 2010 - Archived Music 4 Life Shows at www.AllTalkRadio.net/music4life.htm

Date: 8/13/10

Topic: Friday the 13th with Jason, transforming the Multiple Sclerosis experience

Guest: Jason Turner, Sonny Turner (The Platters)

Music: "Songbird" with Kenny G → "A Voyage to Atlantis" with Isley Brothers → "Moondance" from *Light of the Spirit* by Kitaro → "Love & Happiness" with Al Green → "Boogie Wonderland" with Earth, Wind & Fire → "Tattoo" by Jordin Sparks → "I Love You 1000 Times" with The Platters

Resources: <http://hubpages.com/hub/MS-Fatigue-and-my-MP3-Player>

Date: 8/6/10

Topic: Music 4 Life Improves Memorials

Guest: Laini Risto, singer/songwriter

Music: "Taps" with military trumpet → "Amazing Grace" by the Pipes & the Drums of the Military Band of the Royal Scots Dragoon Guards → "Adagio for Strings in G minor" by Albinoni → "Take Me Out To The Ballgame" → Village People's "YMCA"

JULY 2010 - Archived Music 4 Life Shows at www.AllTalkRadio.net/music4life.htm

Date: 7/30/10

Topic: The Power of Music, with Autism and Ford Warriors in Pink

Guests: Shari and Nicholas Krishnan, mother and her son with autism, Sandy Mabery, Anthony Naiman, Alyssa Janney, REMO HealthRHYTHMS, and Samantha Sharp, Ford Warriors in Pink
Music: Peter Paul and Mary's "Puff the Magic Dragon" → Raffi's "The More We Get Together" → Cupid's "Cupid Shuffle" → Glee Cast's "Lean on Me" → Village People's "YMCA" → Black Eye Pea's "I Gotta Feeling"

Resources: www.nicholaskrishnan.com
www.fordvehicles.com/warriorsinpink/
www.remo.com/portal/news/index.html?id=116

Date: 7/23/10

Topic: Music 4 Life During Rush Hour 'Round the World

Music: Koyaanisqatsi's "Pruit Igoe" → J.S. Bach's "Chaconne" Partita 2 D minor → Kenny G's "Going Home" → Rush Hour's "Get Down Tonight"

Resources: http://www.cbsnews.com/8301-504763_162-20011097-10391704.html?tag=mncol;lst;1
<http://www.washingtonpost.com/wp-dyn/content/article/2007/04/04/AR2007040401721.html>

Date: 7/16/10

Topic: Music 4 Life RANT (impromptu responses to callers)

Music: Billboard Top 100: Eminem's "Love the Way You Lie" → Paramore's "The Only Exception" → Taio Cruz's "Dynamite" → Kris Allen's "Live Like We're Dying" → Vee Carson's "All I have to Say"

Date: 7/9/10

Topic: Music for Life Enhances Relationships

Guest: Dennis Burkhardt, D.C., Sports Officiator and teacher in the school district

Music: REM's "It's the end of the World" → Guns N' Roses' "Welcome to the Jungle" → Miles Davis & John Coltrane's "All Blues" → Joan Baez's "House of the Rising Sun" → "Rock of Ages" (Def Leppard - Amy Grant - Mormon Tabernacle Choir) → Schubert's "Ave Maria" (Vienna Boys Choir and Andre Rieu) → Willie Nelson's "Whiskey River" → Depeche Mode's "Never Let Me Down Again" → Rolling Stones' "Brown Sugar" → Issac Hayes' "Shaft"

Resource: www.outofservice.com/music-personality-test

Date: 7/2/10

Topic: Music 4 Life Causes Freedom

Guest: Laini Risto

Music: Crosby, Stills, Nash & Young's "Find the Cost of Freedom" → Ishimoto Takeharu's "The Price of Freedom" → Martin Sexton's "America the Beautiful" → Michael McDonald's "Sweet Freedom"

Resources: http://musicindustrynewswire.com/2007/06/19/min284_170514.php
<http://www.billboard.com/column/viralvideos/10-worst-national-anthem-performances-ever-1004101877.story#/column/viralvideos/10-worst-national-anthem-performances-ever-1004101877.story>

JUNE 2010 - Archived Music 4 Life Shows at www.AllTalkRadio.net/music4life.htm

Date: 6/25/10

Topic: Music 4 Life with Military

Music: Highland Scottish Bagpipes' "Amazing Grace" → Metallica's "Star Wars Imperial March" → John Lennon's "Give Peace a Chance" → Louis Armstrong's "What a Wonderful World" → Lee Greenwood's "God Bless The USA"

Date: 6/18/10

Topic: Music 4 Life RANT (impromptu responses to callers)

Music: Drowning Pool's "Bodies" → Constance Demby's "Ocean Without Shores" → Todd Rundgren's "Bang on the Drum All Day"

Date: 6/11/10

Topic: Music Therapy for Caregivers and Parents

Guest: Laini Risto, Caregiver, Singer, Songwriter, Volunteer at Center for Creative Therapeutic Arts

Music: Blue Man Group's "TV Song" → Laini Risto's "Echoes of My Life" → Cirque du Soleil's "Kunya Sobe"

Resource: Facebook - [Laini Risto Sings](#) for free download of "Echoes of My Life"

Date: 6/4/10

Topic: REMO Recreational Music Center – from California to Nevada

Guest: Mike DeMenno, Manager, REMO Recreational Music Center

Music: Enigma's "Knocking on Forbidden Doors"

Resource: www.remo.com (About → Recreational Music Center)

MAY 2010 - Archived Music 4 Life Shows at www.AllTalkRadio.net/music4life.htm

Date: 5/28/10

Topic: Music Therapy with Autism

Guests: Emily Wiggins, NMT, MT-BC, Center for Creative Therapeutic Arts, Las Vegas
Cathy Knoll, MA, MT-BC, Owner, Music Worx Publications

Music: Judith Pinkerton's "MEE in the Key of Peace"

Resources: www.FAQautism.com

www.musicworkspublications.com

www.music4life.us/products/music_exercising_emotion_peace.php

Date: 5/21/10

Topic: Music Therapy for Early Memory Loss – Bright Pathways

Guests: Jeffrey Klein, MBA, Director, Adult Day Care Center of Las Vegas
Christina Hanschke, MT-BC, Program Director, Center for Creative Therapeutic Arts

Music: Judith Pinkerton's "MEE Concert"

Resource: www.adultdaycarelv.org

www.music4life.us/products/music_exercising_emotions.php

Date: 5/14/10

Topic: Music 4 Life RANT (impromptu responses to callers)

Date: 5/7/10

Topic: Music Therapy for Special Needs Children (disabilities – abortion – teen mom's birth)

Guest: Kalthleen Walsh, Clinical Director, L.I.F.E.

Music: Mahavishnu Orchestra's "Wings of Karma" → Kathy Zavada's "Love's Lullaby"

Resource: www.laurensinstitute.org

APRIL 2010 - Archived Music 4 Life Shows at www.AllTalkRadio.net/music4life.htm

Date: 4/30/10

Topic: Drumming for Adolescents with REMO HealthRHYTHMS

Guests: Margret Sowry, Manager, Mind-Body Wellness Center, REMO endorsed drumming facilitator
Larry Dickson, MA, past Clinical Director, Bethesda Children's Home, REMO endorsed drumming facilitator, co-author "Creative Music Expression as a Catalyst for Quality-of-Life Improvement in Inner-city Adolescents Placed in a Court-Referred Residential Treatment Program" (*Advances*, Spring 2009, Vol 24, No 1)
George Trauner, Director of Operations, Bethesda Children's Home, REMO endorsed drumming facilitator
Alyssa Janney, Manager, REMO HealthRHYTHMS

Music: Nicholas Gunn's "Odessa"

Resources: www.bethesda-home.org/healthrhythms/index.html
www.mind-body.org/rmm.html
www.remo.com/portal/hr/index.html

Date: 4/23/10

Topic: Hospital Music Medicine (widow of a loved one with cancer)

Guest: Anya Kohn-Minton

Music: Michael Minton's "Dancing in the Sand"

Resource: www.michaelmintonmusic.com

Date: 4/16/10

Topic: Drumming For Children with "Beat the Odds"

Guest: Ping Ho, MA, MPH, Public Health Educator, Founder/Director of UCLArts and Healing

Music: David Arkenstone's "Ancient Legend" → Patti LaBelle's "New Attitude"

Resource: www.uclartsandhealing.net

Date: 4/9/10

Topic: Live from Western Region Chapter, American Music Therapy Association 51st Conference "Lighting Up Lives," Alexis Park Resort, Las Vegas

Guests: Judy Simpson, MHP, MT-BC, Director of AMTA Government Relations
Ava Williams, MS, BCPC, CRS

Resource: www.musictherapy.org
www.wramta.org
www.crisara.us

Date: 4/2/10

Topic: Western Region Chapter, American Music Therapy Association 51st Conference "Lighting Up Lives," Alexis Park Resort, Las Vegas, April 5-11, 2010

Resource: www.wramta.org

TRANSITION SHOW Date: 3/26/10

Topic: Memorializing Cattel, Legendary Talk Show Host, 6/21/51-3/2/10

Guest: George Carson, Owner, AllTalkRadio.net

Resource: www.alltalkradio.net/cattelsstardate2100.htm